

# INVITATION

## NORDIC CHAMPIONSHIPS 2020 1<sup>st</sup> - 3<sup>rd</sup> of May 2020 Keila, Estonia



Nordic Championship for Cadets FS-WW-GR and Juniors GR 2020 in Keila, Estonia

Organizing Committee: Estonian Wrestling Federation

Email: <a href="mailto:est@unitedworldwrestling.org">est@unitedworldwrestling.org</a>
Website: <a href="mailto:www.maadlusliit.ee">www.maadlusliit.ee</a>

Address: Tondi 84, Tallinn, 11316

Phone: +372 603 1522 Facebook: Eesti Maadlusliit



On behalf of the Estonian Wrestling Federation we have the pleasure to invite your country to participate in the Nordic Championships for cadets in Greco-Roman, Freestyle and Women wrestling and for juniors in Greco-Roman wrestling.

The championship will be held on 1st to 3rd of May in Estonia, Keila.

#### **General Information**

The Nordic Championship will take place in: Keila Tervisekeskus Paldiski maantee 17 76606, Keila Harjumaa

#### Age and weight categories:

#### 2<sup>nd</sup> of May 2020:

Cadets GR (2003-2005) 41-45kg; 48kg; -51kg; -55kg; -60kg; -65kg; -71kg; -80kg; -92kg; -110kg (weight allowance +1kg)

Cadets WW (2003-2005) 36-40kg; -43kg; -46kg; -49kg; -53kg; -57kg; 61kg; -65kg; -69kg; -73kg (weight allowance +1kg)

#### 3<sup>rd</sup> of May 2020:

Cadets FS (2003-2005) 41-45kg; 48kg; -51kg; -55kg; -60kg; -65kg; -71kg; -80kg; -92kg; -110kg (weight allowance +1kg)

Juniors GR (2000-2002) -55kg; -60kg; -63kg; -67kg; -72kg; -77kg; -82kg; -87kg; -97kg; -130kg (weight allowance +2kg)

Maximum of 20 wrestlers from each country can participate in optional weight categories in each age category.

Cadets born in 2005 can participate with medical certificate and parental authorization.

Each wrestler must have a valid UWW license for 2020.

#### Weigh-in:

Weigh-in and medical control will take place next to the competition hall in Keila Kool, Ehitajate tee 1a, Keila, Harjumaa.

Medical control: Saturday: 8.00 – 8.30 Sunday: 7.30 – 8.00

Weigh-in:

Saturday 8.30 – 9.00 Sunday 8.00 – 8.30

Sauna and test scales will be available in the accommodation hotel and in the competition hall.

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#### Referee:

Each participating country must represent at least two UWW referees.

#### Rules:

**UWW Rules** 

Nordic tournament system:

- Weight categories with more than five participants →two groups A and B
- Weight categories with five or less participants → one group and all wrestlers compete against each other
- The semi-final matches will consist of:
  - o The first ranked in the group A against the second ranked in the group B
  - o The second ranked in the group A against the first ranked in the group B
- The gold medal match will be between the winners of the semi-final and the bronze medal match will be between the losers of the semi-finals.

#### **Entries:**

Preliminary entries should reach the organizers before 16<sup>th</sup> of March 2020 and final entries before 7<sup>th</sup> of April 2020.

Entries must be sent by e-mail to: <a href="mailto:est@unitedworldwrestling.org">est@unitedworldwrestling.org</a> and <a href="mailto:velja.andruse@maadlusliit.ee">velja.andruse@maadlusliit.ee</a>
Final entries must include names and roles of all the persons in the delegations.

After receiving the final entries Estonian Wrestling Federation will send an invoice to the participating countries. The invoice must be paid beforehand by bank transfer or by cash upon arrival.

#### **Financial conditions:**

Participation fee: 70,00 € per person per day (includes meals and accommodations)

Membership fee NWA: 220,00 € per nation

NWA fee (covers the cost of UWW neutral referee): 200,00 per nation

Transportation fee: 30,00 € per person

#### **Transportation:**

The transportation fee (30 €) covers all necessary transport during the competition, including transportation from Tallinn airport and Tallinn Harbor to the hotels and competition hall in Keila (about half an hour to an hour car trip, depends of the traffic).

Hotels and competition halls are about half and hour drive from each other, we will organize transportation from the hotels and back to the hotels, airport and harbor.

If your team needs transfer in other day please contact us by e-mail: est@unitedworldwrestling.org

If the delegation travels in their own bus and don't need transportation the transportation fee will not be charged.

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#### **Accommodation information:**

Hotel Dzingel Männiku tee 89, Tallinn 11213, Estonia

#### **Banquet:**

All nations are invited to banquet.

The banquet will take place at hotel Dzingel restaurant on Sunday evening at 20.00 Each nation will receive special invitation for coaches, referees and officials.

Additional access to the banquet will be charged 20 €.

### **Welcome to Estonia!**



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#### NORDIC WRESTLING ASSOCIATION

#### **SCHEDULE:**

#### Friday May the 1st 2020:

Arrival of the delegations, saunas available at the hotel

17.00 – 21.00 Sports hall open for practice (also saunas)

17.30 – 20.00 Dinner, in the hotel

19.30 – 20.00 Draw-in cadets GR and WW, in Keila Kool, near the sports hall

20.00 - 21.00 Referee meeting in the hotel

#### Saturday May the 2<sup>nd</sup> 2020:

06.30 -

07.00 – 10.00 Breakfast at the hotel

08.00 – 08.30 Medica control, Keila Kool, right next to the venue

08.30 – 09.00 Weigh-in, Keila Kool, right next to the venue

11.00 - 13.30 Qualification rounds for cadets GR and WW

13.00 - 15.00 Lunch

14.30 - 15.00 Opening Ceremony

15.00 – 17.00 Semi-final rounds for cadets GR and WW

17.00 – 18.30 Finals and award ceremony

18.30 – 19.00 Draw-in, FS cadets and GR juniors, sports hall

18.30 – 19.30 Dinner

20.00 - 23.00 Banquet

#### Sunday May the 3<sup>rd</sup> 2020:

07.00 - 10.00 Breakfast, hotel

07.30 – 08.00 Medical control, Keila Kool

08.00 - 08.30 Weigh-in, Keila Kool

10.30 – 12.30 Qualification and semi-final rounds for cadets FS and juniors GR

12.00 – 14.00 Lunch

13.30 - 14.30 Finals for cadets and juniors GR

15.00 – Award ceremony

Departure of the delegations

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