

INTERNATIONAL TOURNAMENT IN SUNDSVALL-SWEDEN



TINDRA SJÖBERG



INVITATION



NIKLAS ÖHLEN

SUNDSVALL WRESTLING OPEN

January 16 -18, 2026





Sundsvalls AIK proudly invites you to Sundsvall Wrestling Open on January 16 - 18, 2026, an international wrestling tournament for all ages with previous participation from countries across Europe and USA.

The tournament is arranged in the city center of Sundsvall with easy access to hotels, restaurants, shopping and entertainment.

Venue/Arena

Sundsvalls Sporthall, Universitetsallén 11, 852 34 Sundsvall

[Sporthallen - Google Maps](#)

Categories/weight class

Men Grec/Rom	Age	Birth year	Weight	Tolerance
GR 9	7-9	2019-2017	Floating weight, minimum 20 kg	
GR11	9-11	2017-2015	Floating weight, minimum 20 kg	
GR13	11-13	2015-2013	29, 32, 35, 28, 42, 47, 53, 59, 66, 66+	
GR15	13-15	2013-2011	31/34, 38, 41, 44, 48, 52, 57, 62, 68, 75, 85	
GR17	15-17	2011-2009	41/45, 48, 51, 55, 60, 65, 71, 80, 92, 110	+ 1 kg
GR	17-	2008 (2009) -	55, 60, 63, 67, 72, 77, 82, 87, 97, 130	+ 2 kg
Womens Wrestling	Age	Birth year	Weight	Tolerance
WW9	7-9	2019-2017	Floating weight, minimum 20 kg	
WW11	9-11	2017-2015	Floating weight, minimum 20 kg	
WW13	11-13	2015-2013	23, 26, 29, 32, 35, 40, 45, 50, 50+	
WW15	13-15	2013-2011	29/33, 36, 39, 42, 46, 50, 54, 58, 62, 66	
WW17	15-17	2011-2009	36/40, 43, 46, 49, 53, 57, 61, 65, 69, 73	+ 1 kg
WW	17-	2008 (2009) -	50, 53, 55, 57, 59, 62, 65, 68, 72, 76	+ 2 kg

Medical control and weigh-in

On Friday January 16 at 17.00 - 20.30 in the arena (for all categories)

On Saturday January 17 at 10.00-11.00 in the arena (only for seniors)

Wrestling license for all Swedish athletes is mandatory. Passport is required for all foreign athletes.

Program

Preliminary competition times, Saturday at 09.00 – 17.00 and Sunday at 09.00 – 14.00.

Please note that times are preliminary and can be adjusted depending on number of participants.

Floating weight classes GR9/WW9 will compete on Saturday only. All other categories will compete on both Saturday and Sunday. GR and WW will start on Saturday at 14.00.

Weight classes may be combined depending on the number of registered participants, coordination will be done with the coaches in such cases.

Pool system and rules

Nordic A/B Pool system with a two-match minimum. Greco-Roman and Female wrestling. The tournament will be conducted in accordance with the regulations set by the Swedish Wrestling Federation and UWW.

Special rules for categories GR/WW 9 and GR/WW 11

- Floating weight classes where the wrestlers will be divided into groups of around four wrestlers of a similar weight after weigh-in.
- The minimum weight to participate is 20 kg.
- The minimum age to participate is 7 years (born 2019 or earlier).
- Round-robin in each group. This means around three matches for everyone.
- No technique in parterre can be conducted two consecutive times

Medals and prizes

Medals will be given to number 1-3 in each weight class. In addition, there will be team prizes. All participants in GR/WW 9 and GR/ WW 11 will get a prize.

Registration and participation fee

Registration via sundsvallwrestlingopen.com

Participation fee 300 SEK for GR9/WW9. For all other categories the participation fee is 500 SEK.

Registration ends on January 11, 2026.

Registration after this date is subject to availability at an additional cost of 100 SEK. For a swift registration process, please pay the participation fee in advance to our bank account and bring receipt of the payment.

Bank transfer

Sundsvalls AIK
Universitetsallén 11
852 34 Sundsvall

Bankgiro: 116-3765
Clearing: 6341
Account: 797 948 988
IBAN: SE45 6000 0000 0007 9794 8988
BIC: HANDSESS

Note, cancellations made after January 11, 2026 will not be refunded.

Non-Nordic Clubs

All non-Nordic/Baltic clubs receive free registration fee and free hard-floor accommodation.

Accommodation

Sundsvall offers a variety of different hotels and hostels, please [Destination Sundsvall](https://DestinationSundsvall.se)

Hard floor accommodation will be offered Friday – Sunday.

Accommodation offers will be presented at sundsvallwrestlingopen.com

Transportation

Pick-up service can be arranged from the train station in Sundsvall and Midlanda airport.

Food and drink

A wide selection of food, snacks and drinks will be available at the venue.

Contact and information

SWO president: Jakob Sandwall

Erik Hoffman: +46 70 254 45 07

Janne Öhlen: +46 73 808 34 74

Welcome to Sundsvall and Sundsvall Wrestling Open!

Trygg idrott

